



REFLECTION

After completion of your common action please reflect on the following questions:

What did we want to achieve with our action?

What have we achieved? How satisfied are we with the result?

How did I feel during the action? What made me joyful, what was difficult or disappointing?

How did I feel during the action? What made me joyful, what was difficult or disappointing?

What did I learn from the action - about society, about other people, about myself?

Have I changed - and if so, in what regard?

